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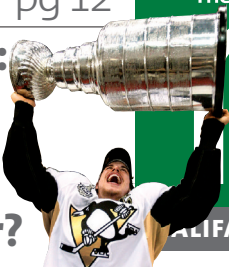
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**Sports** pg 12

**Preview:**  
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## Back-to-school noise complaints down 30%: Police

**PARTYING** The number of noise complaints during the first month of back to school has dropped by 30 per cent this year compared to four years ago, Halifax Regional Police say.

"We're very happy with how things went this year," police spokesman Const. Brian Palmetter said yesterday of the force's Operation Fall Back, an annual response to concerns about loud parties caused by post-secondary students in September. "The message is getting out."

However, he said, with a zero tolerance policy the number of tickets officers handed out during the annual campaign have gone up, with a total of 294 written up "for noise, alcohol and motor vehicle violations."

That includes 152 tickets for illegal possession of alcohol, 43 each for noise-related offences and underage drinking, 29 for being intoxicated in public, 22 for motor vehicle infractions and five for littering.

METRO HALIFAX



Cpl. Matthew Wilcox of Glace Bay is escorted from his court martial during a break in proceedings in Sydney yesterday.

## Wilcox to spend four years in jail, discharged from military

**DEATH** A soldier who shot his friend dead in Afghanistan during "horseplay" with firearms violated the trust of his colleagues, a military judge said yesterday before dismissing Matthew Wilcox from the military and sentencing him to four years in prison.

Cmdr. Peter Lamont said Wilcox's carelessness had a fatal result for Cpl. Kevin Megeney, a Stellarton native who died after his tentmate fired a bullet through his chest on March 6, 2007.

**"He violated (the) trust of his colleagues."**

Cmdr. Peter Lamont

The sentencing of Wilcox is the most serious for courts martial that have been completed for incidents that have occurred in Afghanistan.

In explaining his decision, Lamont indicated the conduct of the offender was part of a pattern of negligence that began with his failure to unload his

firearm after he finished his guard shift at the Kandahar military base.

"He violated (the) trust of his colleagues," Lamont said. "He was highly trained ... and in this period he willfully ignored instructions."

The 24-year-old former corporal from Glace Bay was convicted in July of criminal negligence causing death and neglect of duty in the death of Megeney at Kandahar Airfield after a nine-week trial attended by both families.

THE CANADIAN PRESS

## Child porn charges for N.S. bishop

Photos allegedly found on laptop by customs officers

**A bishop based in Nova Scotia has been charged with possessing and importing child pornography, just weeks after his diocese reached a \$15-million settlement with people who said they were abused by priests as children.**

Raymond Lahey, 69, resigned from his post with the Roman Catholic diocese of Antigonish on the weekend before news of his arrest became public knowledge yesterday.

Police say Lahey was sent for a secondary examination at the Ottawa airport as he was returning from a foreign country on Sept. 15. Ottawa police said in a news release that border services searched his laptop and "found images ... that were of concern." The laptop and other media devices were seized.

"The forensic examination of the computer and media later revealed child pornography," the release says.

He was released at the airport pending further investigations. Police say a warrant was issued for Lahey's arrest when charges were laid on Friday.

Anthony Mancini, the

Archbishop of Halifax, said he spoke briefly with Lahey by phone yesterday after learning of the charges through the media, but he doesn't know where he is.

Father Paul Abbass, a spokesman for the Archdiocese of Antigonish, said he learned of the charges from media reports and hadn't been told about the charges before the bishop resigned Saturday.

"I'm sad, I'm shocked," he said from Frenchvale, where he is the parish priest. "I think I'm mostly concerned about our people, about our priests, about our diocese."

In August, the bishop announced a \$15-million class action settlement involving sexual abuse in the Antigonish diocese that dated back to 1950. Lahey was not part of the case and had been in the diocese for only the last six years.

Lahey, a native of Newfoundland and Labrador who once served as a professor of theology at Memorial University in St. John's, informed his parishioners in a letter the same day he'd resigned "to take some much-needed time for personal renewal."

THE CANADIAN PRESS



Raymond Lahey

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# Local



## Jann Arden returning to Halifax

Canadian singer Jann Arden, left, is returning for a show at the Halifax Metro Centre on Feb. 3 at 8 p.m. Arden, one of the country's top songwriters and performers, is touring across the country in support of her 10th album, *Free*, which hit stores Tuesday. Halifax is one of two Maritime stops, with Arden playing at the Moncton Coliseum on Feb. 4. Tickets for the Halifax show cost \$55.50 each, plus service charges, and go on sale Saturday at 9 a.m. through Ticket Atlantic. METRO HALIFAX



Halifax cop made president of N.S. police chiefs group

**APPOINTMENT** Halifax Regional Police's deputy chief has been appointed president of the Nova Scotia Chiefs of Police Association.

Chris McNeil was named to the role last month and will correspond with all members of the association to get their views on mutual issues and will represent their interests in dealings with government, including the Department of Justice.

McNeil has been an executive committee member for the past four years, first a secretary then vice-president. He's been a police officer for the past 27 years.

METRO HALIFAX

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WHAT'S ONLINE TODAY

**Video** Cirque de Soleil founder blasts off to become Canada's first space tourist at [metronews.ca/canada](http://metronews.ca/canada)

**Blogs** Hollywood Rants on the opening of Zombieland and the rise of zombie culture

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## Province ready for flu spike: Officials

Retired nurses may be called to help mass clinics

### Flu Outbreak

PAUL MCLEOD  
[paul.mcleod@metronews.ca](mailto:paul.mcleod@metronews.ca)

**Nova Scotia is ready to call in thousands of retired nurses in the event of a swine-flu spike, officials say.**

Health officials told a legislative committee yesterday the province is prepared for a new outbreak of the H1N1 virus.

Their statements were in sharp contrast to an auditor general's report from late July that said the province was ill-prepared and had inadequate stockpiles.

Yesterday, health officials said they've ordered \$10.8 million worth of medical supplies since then, including masks, ventilators, vaccine and gloves.

The province should be fully stocked by early November.

"We are going to have more than ample supply of vaccine. The challenge is

### Making room

Health officials also told the legislative committee yesterday that in the event of a new swine-flu outbreak, patients could be moved across the province to where there is availability. Elective surgeries could also be cancelled.

going to be to get the public to take this seriously enough to come out and get immunized," chief medical officer Dr. Robert Strang told the committee.

The plan is to ideally have every Nova Scotian vaccinated against H1N1 starting in November. To do that the province may bring in about 4,000 retired nurses to help run mass clinics in communities. Immunization will be free.

Strang said many people have become complacent because despite the headlines, swine flu hasn't had a large effect in Nova Scotia. But he said everyone is still at risk.

## Fines in store for workplace safety violations

**PENALTIES** Nova Scotia is bringing in monetary penalties for employers and employees who break occupational health and safety laws.

Beginning in January, the Labour Department will have the ability to issue fines when health and safety

laws are violated in the workplace.

Labour and Workforce Development Minister Marilyn More says the change will better protect workers in the province.

Fines for employers or employees who break occupational health and safety

"The reality is that even if it's a typical flu-like illness, that makes people quite ill," Strang said to reporters afterwards. "But there is a small proportion of people who are getting severely ill from H1N1 and some have died."

In the budget announced last week, the NDP put aside an extra \$54 million into a fund dealing with both new union negotiations and H1N1 preparedness. Liberal MLA Diana Whalen tried yesterday to find out how much of that money was allocated to swine flu, but had no luck.

Officials said they didn't know what the final cost would be and were hesitant to offer a guess.

[m.metronews.ca](http://m.metronews.ca)



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## Aftermath Vehicle crash



A firefighter looks over the damage after a two-vehicle crash at the intersection of Robie and Willow streets yesterday around 11 a.m. No serious injuries were reported.

## B.C. suspects in alleged sexual assault make bail

**CRIME** Two mixed martial artists facing charges related to an alleged sexual assault in Halifax over the weekend have made bail, but with conditions.

Garry Christopher Peak, 32, and James Christopher Hanson, 27, both from Prince George, B.C., are each charged with aggravated sexual assault and forcible confinement.

During a show cause hearing yesterday at Halifax provincial court, the judge set bail for the two at \$10,000, with each having to show they have the money collected before being released. The two were sent back to jail last night and are back in court today to prove they have the money.

As part of their bail conditions, both men have also been ordered to have no contact with the victims, but are able to go back to their homes in B.C. They also must comply with a curfew of 11 a.m. to 6 p.m. and are

not to be in possession of any prohibited weapons.

Peak, who competes under the name Chris Peak, is a mixed martial artist who was in town Saturday to compete in Extreme Cage Combat 10 at the Halifax Forum against Fairview's Roger Hollett. Peak lost by submission in the opening round. Hanson is also a mixed martial arts competitor, but wasn't competing.

Const. Paul Palmeter of Halifax Regional Police said the two men met two women at a bar in downtown Halifax after the fight, then headed to a hotel in nearby Dartmouth.

One of the men allegedly prevented the younger woman from leaving, but she eventually escaped and called for help, Palmeter said. The older woman later told police the men had assaulted her in the hotel room.

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A Halifax man will be sentenced Oct. 15 for two armed robberies. Roy Edwin Hawes, 40, appeared in court Tuesday and admitted to robbing a convenience store in Moncton with a knife on April 19. He also admitted to robbing a cab driver in Riverview on May 1. **METRO HALIFAX**

# Nova Scotia needs mental health strategy: Advocates

Mentally ill slip through cracks as system in chaos, say supporters

PAUL MCLEOD  
paul.mcleod@metronews.ca

**Mental health advocates from various fields met in Province House yesterday to warn the system is in a state of chaos.**

They say mentally ill people are slipping through the cracks as outreach staff are too overburdened to keep up. But they said the first and most urgent step is cheap and easy to fix.

Nova Scotia currently does not have a comprehensive mental health strategy. They said that needs to change.

"They are our family, our friends and our co-workers," said Stephen Ayer, executive director of the Schizophrenia Society of Nova Scotia.

"As many people as I am able to help I know there are just as many who continue to suffer alone wondering what exactly is wrong with them, wondering if anybody can help. Sadly, some don't survive. They die by suicide."

Ayer estimated 180,000 Nova Scotians will battle mental illness at some point. But he said people still suffer in silence and shame because of social stigma, while things like swine flu get



Stephen Ayer, executive director of the Schizophrenia Society of Nova Scotia, answers questions from reporters at a press conference at Province House yesterday.

swift government action.

In the meantime they've taken new action to get the word out. Yesterday they announced the website oneinfo.ca, dedicated to raising awareness about mental health issues in Nova Scotia. The name comes from global studies showing one in five people will deal with se-

rious mental health issues at one point in their life.

Along with information and personal testimonials, the site allows visitors to sign a petition and send letters to politicians urging the creation of an overarching strategy.

Liberal MLA Diana Whalen, who helped organ-

ize the event, has put forward a bill to create an advisory council on mental health made up of educators, psychiatrists, mental health consumers and their family members.

The council would advise government on how to best meet the mental health needs of the province.

## Ferguson new Trade Centre chief

KRISTEN LIPSCOMBE  
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He's been walking the walk since April as interim president & CEO of Trade Centre Limited, but Scott Ferguson can now strip the "interim" part from his title, as he officially fills the shoes of former Crown corporation boss Fred MacGillivray.

MacGillivray retired from his prestigious position in March, with executive vice-president Ferguson stepping up to try the role on for size until a suitable replacement could be found. But Trade Centre Limited announced yesterday that Ferguson beat out more than 100 other candidates to snag the three-year contract himself.

"We interviewed the top seven that they brought back to us," George Moody, acting chairman of the corporation's board of directors, said yesterday. "And then we re-interviewed the top two, of which Scott was one ... and the selection committee clearly recommended him."

"We're fortunate ... to

have someone with Scott's ability actually get the job," Moody said.

A Trade Centre Limited news release says Ferguson "has played a key role in attracting major events and concerts" to the city and the province, helping ensure about \$2.5 billion in economic spinoffs over the past 15 years.

Ferguson said he hopes to continue bringing in "a cross-section" of concerts and other events, while also supporting the Metro Centre's major tenants, the Halifax Moose-

heads and the Halifax Rainmen, and trying to attract "those annual big-time events," such as the 2010 Tim Hortons Brier coming in March for curling fans.

"We're at the apex of our confidence and our focus and our reputation," he said of Trade Centre Limited. "I look to continue what we're doing, but in an even bigger way."

Ferguson said "the biggest priority" for the corporation is getting the municipality's new convention centre up and running. "Infrastructure is our most important need right now."



Scott Ferguson

### News in brief

**HUNTER OK** A 28-year-old Sydney River man is safe at home after a night in the woods. The man was moose hunting in an isolated area of the Highlands near Bell Lake Tuesday evening when he was reported overdue. Baddeck RCMP launched a search with the aid of Cape Breton Search and Rescue, three hunters from Wagmatcook and RCMP from Inverness. At 6:15 a.m. yesterday, the hunter was located. He was wet and cold but uninjured. The man had become disoriented when fog set in.

CAPE BRETON POST

### Run for the Cure this Sunday

Over 7,000 people will gather at the Halifax Common Sunday morning for the annual Canadian Breast Cancer Foundation CIBC Run for the Cure.

The event is in its 15th year and remains the country's largest, single-day, volunteer-led fundraising event that is dedicated to finding a cure for breast cancer.

Last year's event in Halifax raised more than \$1 million.

"This year alone approximately 22,900 Canadian women will be diagnosed

#### Registration

- Final registration is 8 a.m. Sunday with the run starting at 10 a.m. An awards and reception will follow at 11:15 a.m.

with breast cancer and 5,400 will die from it," said Chantal Bernard, volunteer run director for the Halifax Run for the Cure, in a release. "That's why we run, (so) please come out and join us Sunday."

METRO HALIFAX

### Rig building program extended

An idle \$35-million onshore rig building program in Cape Breton has been given a two-year extension by the province and EnCana Corporation.

Nova Scotia Energy Minister Bill Estabrooks says the extension would give Laurentian Energy more time to wait out a decline in drilling activity in Western Canada.

Announced last October, the deal would have seen Laurentian build two

onshore rigs for Nabors Canada at its Sydport facility in Sydney, creating about 75 jobs.

However, work was halted on the partially built rigs because of the downturn in activity in Canada's oilpatch.

Estabrooks wouldn't reveal whether there was any guarantee that the work on the onshore rigs would be done, saying only that he was "under the impression" that much in

#### Agreements

- The work is part of offshore energy agreements between N.S. and EnCana, under which the company must deliver at least 1.35 million hours of work, including 850,000 hours for Nova Scotians.

the agreement would depend upon the recovery of the economy in Western Canada.

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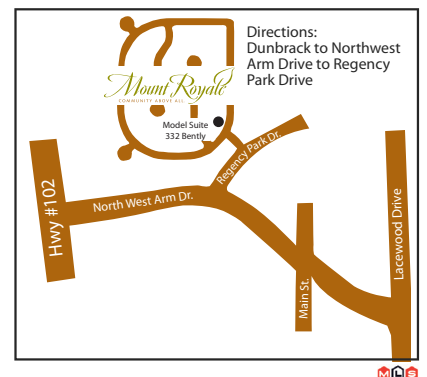
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## Tickets already on sale for 2010 Tattoo

It may be another nine months away, but tickets are now on sale for the 2010 Royal Nova Scotia International Tattoo, which performs for eight days at the Halifax Metro Centre. Next year's event runs July 1 to 8 with information available at [ticketatlantic.com](http://ticketatlantic.com). **METRO HALIFAX**

# Community centre rebuilding under way

## Cause of devastating blaze still unknown

**PHILIP CROUCHER**  
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**The rebuilding process for the Beaver Bank Kinsac Community Centre and volunteer fire department is under way, with shovels expected in the ground by this spring.**

Area Coun. Barry Dalrymple said the fire one week ago which extensively damaged the structure has led to several community meetings over the past seven days, with people looking to get the building — which housed a daycare, an RCMP community centre, meeting space and a public computer access facility — re-built

and back up-and-running as quickly as possible.

"Next spring is what we're targeting as the start of the re-construction," Dalrymple said yesterday. "In actuality, the rebuilding has started right now as far as planning, fundraising, all that kind of stuff."

On Sept. 23 at 11:48 p.m., fire crews were called to centre on Beaver Bank Road as a severe fire with a significant amount of flames and smoke consumed the five-year-old building.

"Basically, the roof (of the community centre) didn't exist by the time I got here at 12:20 a.m.," Lind-

say Shano told Metro the day after the fire.

Dalrymple said fire officials still don't know the cause of the blaze. The municipality is also still working things out with its insurance, as it still hasn't been determined if any of the building can be saved.

The volunteer fire department, which was able to save its equipment, is now working out of the building's parking



Firefighters walk in front of the Beaver Bank-Kinsac Community Centre following a blaze last week. The community is expected to start rebuilding the centre next spring.

## Public to get say on wind project

**KRISTEN LIPSCOMBE**  
[kristen.lipscombe@metronews.ca](mailto:kristen.lipscombe@metronews.ca)

**ENERGY** Community members should have another chance to share their thoughts with city staffers and councillors before energy efficient turbines start blowing in the wind near them.

The majority of Halifax Regional Council agreed during its committee-of-the-whole meeting Tuesday to hold more public consultation on the municipality's wind energy project, which includes proposed policy on suitable sites for turbines of varying sizes.

"There (are) still some concerns of how close; how noisy," Deputy Mayor David Hendsbee, who also represents Preston-Lawrencetown-Chezzetcook, told Metro following the session inside city hall. "I think that it would be good to publicly get a clearing in the

air on that issue."

But not all elected officials seem to think that more talk is in the best interest of the wind turbine initiative, which kicked off in November 2006.

"We're three full years into the process," pointed out Coun. Bill Karsten of Portland-

East Wood-lawn. "The process (has already) included consultation with stakeholders and the public."

Coun. Jennifer Watts of Connaught-Quinpool said "it's exciting to see" the green friendly project moving forward but added she too agrees with more community consultation.

As debated wound down, Coun. Jim Smith of Albro Lake-Harbourview said "it's pretty clear that we're not clear" when it comes to

wind turbines.

According to the proposed policy, large and small scale turbines would be allowed in rural areas, subject to certain conditions. But urban areas would be restricted to small scale turbines, and only in business parks, on college campuses and in some industrial locations.

important work." Minister of Volunteerism Marilyn More said in a press release yesterday. More made the announcement at Alderney Gate Library in Dartmouth.

**METRO HALIFAX**

## Volunteer resources available at local libraries

**WORK** Non-profit groups now have the ability to go to their local libraries to help them in their day-to-day operations.

The province announced yesterday they are spending

\$9,000 to create the Voluntary Sector Resource Collection for local libraries.

"This new collection will help groups get current, helpful and timely information to continue their im-

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## News in brief

**LAYOFFS** Employees at the Convergys call centre in Millbrook were surprised Monday evening to see some of their colleagues led away from their posts and shown the door. Seventy employees were affected by the move, Amy Williams, a corporate spokeswoman at the company's head office in Cincinnati, said. Adding that 40 of those workers have since been reassigned and remain with the company. No further cutbacks are anticipated "at this time," she said. **TURO DAILY NEWS**

lot.

"The insurance, as I've been told, is replacement insurance so basically it's the cost of re-building

that building in today's world," Dalrymple said when asked the cost of constructing the new centre. The burnt down centre was built in 2004 at a cost of about \$4.5 million.

## Deadly virus forces horse euthanization

### MOSQUITOS

Horse owners may want to protect animals from mosquitoes following the confirmation of a deadly virus in the province.

A case of eastern equine encephalitis, or EEE, has been found in a horse on the South Shore near Bridgewater.

The horse had to be euthanized after it displayed symptoms of odd behaviour, staggered walking and tremors. Some symptoms in horses have also been reported as pain similar to colic. A second horse in the area was

also put down, however officials have yet to receive test results from a lab in Ontario to confirm the virus.

"We still consider it a concern," said Rob Kerr, program veterinarian for the Department of Agriculture, who said EEE affects the neurological system of a horse and almost always produces fatal results.

Mosquitoes who have fed on infected birds and rodents are what spread the disease to horses. It is not spread by contact with other horses.

Kerr said it is unknown whether the virus is limited to parts of mainland Nova Scotia or if it is considered more widespread.

A vaccine is available for horses but it takes three weeks after the second inoculation for horses to build an immunity to the disease. **CAPE BRETON POST**

## Traffic stops lead to arrests

**CRIME** Halifax Regional Police say two traffic stops late yesterday resulted in charges being laid.

Police say at 5:17 p.m., they stopped a vehicle on Joseph Young Street, resulting in the driver leaving the vehicle and trying to walk away. Police say he refused to comply with commands to stop and was arrested, and was found to be in possession of a prohibited weapon and crack cocaine.

A 31-year-old Dartmouth man was in provincial

court yesterday on charges of drug trafficking, possession of a weapon and breaching a weapons prohibition order.

About three hours later, police also stopped a vehicle at Exit 5 on Highway 111. Police say the driver became agitated and was arrested where a quantity of pills was located. A 42-year-old man is now scheduled to appear in court at a later date facing drug possession charges.

**METRO HALIFAX**



The reward for a missing Quebec girl who vanished under suspicious circumstances is being extended until the end of the year. Prominent Quebec lawyer Guy Bertrand says he'll continue fielding calls from anyone with information on Cedrika Provencher until Dec. 31. **THE CANADIAN PRESS**

# Canada



## Vaccine makers protected by feds

Canada will shield vaccine makers in case of lawsuits over the new swine-flu shot. The chief public health officer, Dr. David Butler-Jones, says drug companies will be protected if there are problems with the vaccine — as long as the problems are not caused by malpractice. That means the federal government — not the vaccine makers — would have to pay any damages awarded in court.

THE CANADIAN PRESS

### News in brief

**NATIVE AFFAIRS** The federal government's effort to stop violence against native women represents "a shocking failure" to stem an epidemic of murder and disappearance, says Amnesty International. Ottawa must get to the heart of why more than 520 native women have vanished or been killed over the last four decades, the human rights watchdog said Wednesday in a new report, No More Stolen Sisters.

**SAVINGS** Young Canadians are saving less than their parents and grandparents did at the same age, with young men being the worst at sticking to a budget, according to the results of a new survey. The TD Canada Trust study released yesterday suggests 80 per cent of Canadians found saving money "too hard" and that young people between the ages of 18 and 34 were more interested in saving for a house than for retirement.

THE CANADIAN PRESS

### Toronto Monkey business



A month-old baby gorilla is held by his mother Ngozi at the Toronto Zoo yesterday. The zoo is holding an online competition to name the baby western lowland gorilla.

CHRIS YOUNG/THE CANADIAN PRESS

## Tories play favourites with federal cash: MP

New Democrat argues exclusion from information

**Opposition MPs say the Harper government is playing political games with federal stimulus funding by keeping them out of the loop — and the limelight — in their own ridings.**

New Democrat Linda Duncan and others say they may be getting their fair share of taxpayer-funded projects, but they repeatedly find themselves excluded from the flow of information and publicity.

"It's become a political slush fund," said Duncan, the lone opposition MP in Alberta, who reads the local paper to learn about which projects have won funding in her riding.

Duncan said the flow of money seems to be OK, a comment trumpeted this week by Transport Minister John Baird, facing criticism from the Liberals that the Conservatives are hogging too much of the stimulus money. But she said Baird was too quick to assume that her comments were a tacit approval of a process that has become highly politicized.

"What he failed to mention is my displeasure with their failure, as a minimum courtesy, to inform me when approvals are given. (Meanwhile,) they are taking the Conservative candidate to all the media announcement

events."

The Conservatives are gunning for her riding. She won it by a narrow margin last election.

Like other opposition MPs who barely beat their Tory opponents, she sees money coming her way, but she gets no credit for it.

THE CANADIAN PRESS

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## African authorities seize ivory

Authorities in Ethiopia and Kenya have seized more than 1,200 kilograms of bloodstained ivory from about 100 illegally killed elephants at airports, the head of Kenya's Wildlife Service said yesterday. **THE ASSOCIATED PRESS**

# World



## Hawking steps down at Cambridge

Physicist Stephen Hawking, left, stepped down yesterday as Lucasian Professor of Mathematics at Cambridge University after 30 years in the post. The roughly 350-year-old position has been held by such luminaries as Isaac Newton and Charles Babbage, one of the fathers of modern computing. It is customary for professors to retire from the post the year they turn 67. Hawking reached that age in January. **THE ASSOCIATED PRESS**

## Drugs deadlier than cars in some states

**U.S.** Drug-related deaths outnumber those from motor vehicle accidents in a growing number of U.S. states, according to new government data that highlight a shift in the top cause of deaths after disease and illness.

Crashes still cost more lives nationwide, but state-by-state calculations show the rate of drug-induced deaths outpaced vehicle accidents in 16 states in 2006, up from about a dozen states the year before and eight in 2003.

Drug overdoses make up the vast majority of the drug-related deaths, and there was a sharp increase in fatalities tied to cocaine and to drugs known as opioid analgesics — including methadone, fentanyl, sedatives and prescription painkillers like Vicodin and OxyContin. From 1999 to 2006, death rates for opioid analgesics increased for every age group, the U.S. Centers for Disease Control and Prevention said.

**THE ASSOCIATED PRESS**

## On the web

### Exclusive:

• Metro takes closer look at Amnesty International report on failure of Bosnian governments to guarantee rights of thousands of women and girls who were raped during the 1992-1995 war. Go to [metronews.ca/world](http://metronews.ca/world).

# 200 dead in Sumatra quake

Disaster comes just a day after tsunami hit South Pacific

**A powerful earthquake that struck western Indonesia triggered landslides and trapped thousands of people under collapsed buildings — including two hospitals, officials said. At least 200 bodies were found in one coastal city and the toll was expected to be far higher.**

The temblor yesterday started fires, severed roads and cut off power and communications to Padang, a coastal city of 900,000 on Sumatra island. Thousands fled in panic, fearing a tsunami. Buildings swayed hundreds of kilometres away in neighbouring Malaysia and Singapore.

In the sprawling low-lying city of Padang, the shaking was so intense that people crouched or sat on the street to avoid falling. Children screamed as an exodus of thousands tried to get away from the coast in cars and motorbikes, honking horns.

At least 500 buildings in Padang, the regional capital, collapsed or were badly damaged, said

## Second quake

• The U.S. Geological Survey says another powerful earthquake has shaken western Indonesia. The 6.9 magnitude struck at 8:52 a.m. local time this morning on Sumatra island, about 280 kilometres from the epicenter of yesterday's quake.

Disaster Management Agency spokesman Priyadi Kardono, adding that 200 bodies had been pulled from the rubble there.

Padang's mayor appealed for assistance on Indonesian radio station el-Shinta.

"We are overwhelmed with victims and ... lack of clean water, electricity and telecommunications," Mayor Fauzi Bahar said. "We really need help. We call on people to come to Padang to evacuate bodies and

help the injured."

The magnitude 7.6 quake hit at 5:15 p.m. local time, just off the coast of Padang, the U.S. Geological Survey reported. It occurred a day after a killer tsunami hit islands in the South Pacific and was along the same fault line that spawned the 2004 Asian tsunami that killed 230,000 people in a dozen nations. **THE ASSOCIATED PRESS**

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## Philippines Typhoon kills hundreds



Residents wade through floodwaters as they make their way to evacuation centres yesterday, in San Pedro, Philippines. One of the most destructive storms in years extended its deadly path across Southeast Asia. The death toll is at 362 and rising.

# U.S. handgun ban likely done

**COURT** The Supreme Court says it will take up a challenge to Chicago's ban on handguns, opening the way for a vigorous new campaign to roll back state and local gun controls across the U.S.

Victory for gun-rights proponents in the Chicago case is considered likely, even by supporters of gun control, in the latest battle in the nation's long and often bitter dispute over the U.S. Constitution's Second Amendment right to keep and bear arms. A ruling against the city's outright ban could lead to legal challenges to less-restrictive laws across the country that limit who can own guns, whether firearms must be registered and how they should be stored.

## Arizona allows guns in bars

• Under a new law that took effect yesterday, backed by the National Rifle Association, the 138,350 people with concealed-weapons permits in

Arizona will be allowed to bring their guns into bars and restaurants that haven't posted signs banning them. **THE ASSOCIATED PRESS**

The case is to be argued early next year.

Last year, the justices struck down a prohibition on handguns in the District of Columbia, a city with unique federal status, as a violation of the Second Amendment. Now the court will decide whether that ruling should apply to local and state laws as well.

The court has previously said that most, but not all, rights laid out in the Constitution's Bill of Rights serve as checks on state as well as

federal restrictions. Separately, 44 state constitutions already enshrine gun rights.

Though faced with potential limits from the high court on their ability to enact laws and regulations in this area, 34 states weighed in on the gun-rights side before the justices agreed to take the case yesterday, an indication of the enduring strength of the National Rifle Association, a gun advocacy group, and its allies. **THE ASSOCIATED PRESS**

## News in brief

**FRANCE** Former French Prime Minister Dominique de Villepin denied orchestrating a plot to discredit President Nicolas Sarkozy, in testimony yesterday that is central to a high-profile slander trial pitting the two political rivals against each other.

**CAPSIZE** A boat carrying 75 tourists capsized on a reservoir in southern India yesterday, killing at least 28 people and leaving dozens missing, police said. Rescuers are looking for 27 other missing tourists.

**THE ASSOCIATED PRESS**



# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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## Comment

# Beware the campus sex police

## Relating

Steve Collins

metronews.ca/collins

You can't legislate good manners, consideration or discretion, but the futile attempts never end.

Among the latest is a directive to students in residence at Tufts University in Michigan: "You may not en-

gage in sexual activity while your roommate is present in the room. Any sexual activity within your assigned room should not ever deprive your roommate(s) of privacy, study, or sleep time."

Granted, subjecting your roommate to such sights and sounds is the height of bad form, but is it really necessary to alert the authorities?

The new policy replaces sensible solutions like "sex-ile," in which one asks one's roommate to amscray in order that boot-knocking may proceed in peace, or the

## On the web

For more views on relating, go to Love Bytes at [metronews.ca/blogs](http://metronews.ca/blogs)

time-honoured "Do Not Disturb" tie on the doorknob.

That is what civilized roommates do for one another. They learn to live together and it can be a part of their education. Or you can make more rules and push students around, as Tufts has decided in its transformation into Nanny State U.

This regulation discriminates against the lucky and gives one's roommate an

unconscionable degree of control over one's sex life. It's unenforceable, absurd, and, as one commentator on the New York Times website asked, "What if you want to have sex with your roommate?"

What if the coast is clear, and you begin your lawfully constituted activities, only to have *Buzzkillus interruptus* come home mid-shag. Are you required to stop or is the roomie obligated to leave?

More worrying perhaps is the university's warning: "If residents fail to comply with the above stated policy

and expectations, their actions will be properly documented and subject to residential judicial consequences."

How does one "properly document" such actions? Will a simple written description of observed activities suffice, or should the roommate get photographic or video evidence? And who's the pervert now?

Why the university felt it necessary to single out sex also puzzles. Will further rules be drafted to make sure students are eating balanced meals, doing their homework and calling their

moms weekly? They are after all, adults, and should be left to do their adult thing, as often as the opportunity arises.

Tufts claims the new rules were brought in after a "significant number" of complaints about randy roommates. How many? About 12, it turns out. Tufts has about 8,500 students, and the dirty dozen have now brought collective punishment on them all.

Can't we all just get along and laid?

Steve Collins offers his best guesses on relationships for Metro every two weeks.

## Views

# Polanski and polygamy: What the news tells us

## FourthWave

Canice Leung

metronews.ca/fourthwave

What an instructive week in the news — two things are clear from reading the papers: If you're a Hollywood célèbre who raped a child 30 years ago, all is forgiven; and if you wed 25 women and say your religion commands it, no lawyer or judge in Canada will touch you.

As Hollywoodites rush to

defend director Roman Polanski, who is facing extradition to the U.S. over a 1977 rape of a 13-year-old girl, some egregious examples of how our society views rape have come to the surface. Polanski's sister-in-law Debra Tate called it a "consensual matter," while Tom O'Neill — who has much to gain from the debacle as senior editor of *In Touch Weekly* — said, "It's mind-boggling why they're still pursuing this."

Oh, those dogged lawyers. Never mind that celebrities seem to be treated with a separate law book, or that Polanski pleaded guilty in

the first place.

Closer to home, B.C. courts threw out polygamy charges against fundamentalist Mormon leaders Winston Blackmore and James Oler on grounds that former B.C. attorney general Wally Oppal had no jurisdiction to "shop around" for a prosecutor willing to take on the case.

From women who have left these "plural" marriages, we've learned about child brides married to men three times their age, women denied education and careers and threatened with death for wanting out. In short, women in poly-

gamous communities are denied the freedom, equality and choice that ordinary women are afforded, which is why they must be protected.

This is how a misogynistic culture is fostered — when it's condoned by society and squeezed through legal loopholes. No amount of brilliance exonerates a man for raping a child, nor can religion or faulty justice morally excuse men for taking advantage of vulnerable women.

Canice Leung is a former editor of *Ryerson University feminist magazine McClung's*, copy editor at *Metro*, ardent feminist and loudmouth.



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**Payroll employment up in July: StatsCan**

Total non-farm payroll employment rose by 74,300 in July, up 0.5 per cent from June, Statistics Canada reports. It's the first increase since payroll employment peaked last October. **THE CANADIAN PRESS**

9

# Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Russia Market preparation



Students of the Skolkovo School of Management are seen in the Baltshug Kempinski hotel. A handful of top Russian business figures have created an MBA program that tackles the issues they faced themselves — bribery, relentless bureaucracy, imperfect laws. Supporters of the school say it'll fill an important niche by getting students ready for emerging market economies.

## Economy stalls in July

**The Canadian economic recovery ran into a wall in July, stunning expectations and creating new doubts about just how long it will take for production and jobs to rebound to pre-recession levels.**

Following a 0.1 per cent increase in economic growth in June that signalled the end of the recession, economists had been expecting a strong rebound in July of anywhere from 0.5 to 0.7 per cent.

And many of the early indicators were pointing in that direction, particularly the out-

sized 5.5 per cent pop in manufacturing sales the agency has previously reported.

Instead, the economy delivered a goose egg — zero growth.

"Okay, this is a shocker. We're not talking about a shot across the bow of the optimists, this is more like a torpedo through the hull," said economist Douglas Porter of BMO Capital Markets.

And it will send economists and policy-makers scurrying back to the drawing board, Porter added, trying to figure out not only what went wrong with their

computer projections, but also what the economy will do going forward.

One scenario now clearly in play is that Canada will undergo a period of very slow growth, what analysts refer to as an L-shaped recovery.

THE CANADIAN PRESS

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## Feds delay credit card reform

**FINANCE** The federal government is delaying the start date for a key element of credit card reform meant to increase transparency for card users.

The Finance Department has published new rules that come into effect in the new year, but says it won't implement a mandatory 21-day interest-free grace period until next September.

The announcement says starting Jan. 1, credit card issuers must provide a "summary box" on application forms detailing interest rates and fees.

Also, banks must inform clients how long it'll take to repay their balance if they only make minimum monthly payments.

THE CANADIAN PRESS

## Business in brief

**ENERGY** TransCanada Corp. has won a contract to build a \$1.2-billion natural gas-fired power plant west of Toronto, as the Calgary-based company con-

tinues to add to its presence in Ontario's power market.

THE CANADIAN PRESS

**WEB** As Internet use expands globally, the U.S. said it'll give

other governments a greater role in an organization whose decisions affect how computers relay traffic such as email.

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Robert Kiyosaki will not attend this workshop.



Former Rainmen take part in PBL tryout

10

Former Halifax Rainmen David Bailey and Glen Dandridge participated in a Premier Basketball League tryout combine in Washington last weekend. Their participation makes them eligible for selection in October's PBL draft. **METRO HALIFAX**

# Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

## German draft pick paying off for Herd

Abeltshauser 'most consistent defenceman': Russell

MATTHEW WUEST  
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**When Cam Russell first met Konrad Abeltshauser, he had no idea what to expect from his new defenceman.**

All the Halifax Mooseheads head coach and general manager knew was that the six-foot-three German was one of the few players tall enough to look him square in the eye.

"We'll see (what we have) when we get him on the ice," Russell said, of the player he selected 28th overall in the Canadian Hockey League import draft in late June.

Six games into the season, Russell has quickly gotten an idea of what to expect from the 17-year-old. Abeltshauser not only looks his boss in the eye, he also logs top-pairing minutes, anchors the power play and produces offence.

"He's been our most consistent defenceman," Russell said, perhaps being generous to some of his veterans. "He's probably our best power-play guy and I like the way he plays."

Abeltshauser, a scoring star in the German junior ranks, is tied for second on the team with two goals and two assists in six games. Although he has a team-worst minus-12 and needs to be better defensively, he draws oohs and aahs from the Metro Centre crowd with his offensive skills and smarts.

He couldn't be happier with the role he's been given.

"I never expected to get this much ice time," Abeltshauser said. "I wanted to play as much games as possible and play a good role on the team. But I'm happy with the way it is."

It has been a challenge adjusting to a new language and culture off the ice, but Abeltshauser said



Rookie Mooseheads defenceman Konrad Abeltshauser is tied for second on the team with two goals and two assists in six games.

### Seeking first win

• The Halifax Mooseheads will gun for their first victory when they host the Rimouski Oceanic tonight at 7 p.m.

The Mooseheads are off to a dismal 0-6 start, last in the QMJHL standings, and while they're a far cry from the all-time record 0-14 start of the Shawinigan Cataractes of

1977-78, they are desperately hoping to break the goose-egg. The Oceanic are second-last in the Q at 1-3-2.

"It's the old saying, 'You're never as good as you think you are ... You're never as bad as you think you are,'" said Mooseheads head coach Cam Russell.

he's learning "two or three new words every day" and is glad he's here.

His goal is to expose himself to scouts and raise his stock for the 2010 NHL draft, and he's off to a good start.

"You get a chance to

show scouts everywhere how good you are here," said Abeltshauser, who didn't feel he'd have that opportunity in Germany. "I think every player wants to get drafted, and I'll try my best to reach that goal."

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## Time in net up for grabs

MATTHEW WUEST  
matthew.wuest@metronews.ca

The Halifax Mooseheads don't have a starting goalie or a backup. They have a wide-open battle for starts.

Most pegged incumbent Mathieu Corbeil, 18, as the No. 1 guy coming into his sophomore QMJHL season, but rookie Joel Grondin, 17, will get an equal opportunity.

"I've never liked to put labels on it, like, 'You're a starter, and you? You know what, you're the backup,'" Mooseheads head coach and general manager Cam Russell said. "We just have a healthy competition with the two guys."

Grondin took over for Corbeil a game and a half ago and has provided stability, stopping 41 of 45 shots. Corbeil has had ups and downs and has an inflated 5.49 goals-against average with a .830 save percentage in four starts.

Both goalies have been victims of lapses from a young defence corps that features four 17-year-olds.

Russell said Grondin has "played solid" and "looks big in the net." He credited Corbeil for "a couple of really good games" before being pulled in last Friday's 5-2 loss to Gatineau.

His starter will be a game-day decision for tonight's 7 p.m. tilt with the Rimouski Oceanic at the Metro Centre.

"It depends who earns the ice time," Russell said.

### Sports in brief

**HOCKEY** Former Halifax Mooseheads forward Logan MacMillan will start the season with the Bakersfield Condors of the East Coast Hockey League. MacMillan, a former first-round pick of the Anaheim Ducks, was cut by the NHL club yesterday.

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# Ward signs \$37.8M deal

The Carolina Hurricanes locked up goaltender Cam Ward for six more years with a \$37.8-million contract yesterday. **THE ASSOCIATE PRESS**

## sports 11

# Double rejection

Judge shoots down both bids for Coyotes

**Jim Balsillie might finally be giving up on his dream to own an NHL team.**

The Canadian billionaire's dogged pursuit of the Phoenix Coyotes appeared to end yesterday with a ruling in U.S. bankruptcy court.

Even though judge Redfield T. Baum rejected bids from both the BlackBerry boss and the NHL, he suggested the league's offer could still be amended and essentially closed the door on Balsillie.

That brought an end to a five-month process that saw the Canadian billionaire spend an untold amount of money on legal fees and an aggressive pub-

**"I respect the court's decision, and I will not be putting forward an appeal."**

Jim Balsillie

lic relations campaign. He launched a website, took out advertising and even brought on sponsors in support of his bid to move the Coyotes north from the desert.

None of it was enough to sway the court.

"All I wanted was a fair chance to bring a seventh NHL team to Canada ... (and) I believe I got that chance," Balsillie said in a statement.

"I respect the court's decision, and I will not be put-

ting forward an appeal."

Yesterday's court ruling does not close the book on the Coyotes' ownership limbo.

But in the end, the NHL got what it wanted all along — the ability to control the sale process for the money-losing franchise. And the ruling will probably set the scene for the league to fix its bid and then find a new ownership group to keep the franchise in Phoenix — at least for the time being.

**THE CANADIAN PRESS**

# Sundin hangs up his skates

**HOCKEY** Former Toronto Maple Leafs captain Mats Sundin is retiring from hockey after nearly two decades in the NHL.

"It was a tough decision," Sundin told reporters yesterday at a news conference at Stockholm's Grand Hotel. "It's sad to tell you today that my career as a pro hockey player is over."

The 38-year-old Swede, who said he reached the decision this fall, played for the Vancouver Canucks last season after spending most of his NHL career with the Toronto Maple Leafs.

He spent 13 seasons with Toronto, becoming the longest-serving European captain in NHL history.

**THE CANADIAN PRESS**



Mats Sundin tries on a Quebec Nordiques cap after being picked first overall in the NHL entry draft on June 17, 1989.

## Sports in brief

**BASKETBALL** The NBA is instituting a policy regarding Twitter and other social media sites, banning players from using them during games.

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Free agent defenceman Alexei Semenov has agreed to terms with the New York Rangers. Semenov and the Rangers reached a deal yesterday, just two days before they open the NHL regular season at Stanley Cup champion Pittsburgh. The 28-year-old had a goal and eight points in 47 games last season with San Jose. **THE ASSOCIATED PRESS**

**Rangers add Semenov**

# NHL Preview

EDITOR: CHRIS.CLEMENTS@METRONews.CA

## Montreal Canadiens



**LAST SEASON** 41-30-11, 93 points (eighth in East, lost in first round of playoffs).

**KEY ADDITIONS** F Scott Gomez, F Mike Cammalleri, F Brian Gionta, D Jaroslav Spacek.

**SIGNIFICANT LOSSES** F Saku Koivu, F Alexei Kovalev, F Alex Tanguay, F Robert Lang, D Mathieu Schneider.

**STARS** D Andrei Markov, G Carey Price.

**THE BUZZ** Fairly or unfairly, Price is under the microscope, while the personnel in front of him has undergone more changes than any team in the NHL. The production of Gomez, Cammalleri and Gionta will be key.

## Toronto Maple Leafs



**LAST SEASON** 34-35-13, 81 points (12th in East, missed playoffs).

**KEY ADDITIONS** F Phil Kessel, D Mike Komisarek, D Francois Beauchemin.

**SIGNIFICANT LOSSES** D Pavel Kubina.

**STARS** F Jason Blake, D Luke Schenn, G Vesa Toskala.

**THE BUZZ** This is a tougher, much stronger defensive team than last year's, and Kessel gives them much-needed scoring punch. The Maple Leafs look poised to improve on last season and — if nothing else — won't be easy to play against.

## Ottawa Senators



**LAST SEASON** 36-35-11, 83 points (11th in East, missed playoffs).

**KEY ADDITIONS** F Alexei Kovalev, F Jonathan Cheechoo, F Milan Michalek.

**SIGNIFICANT LOSSES** F Dany Heatley, F Mike Comrie.

**STARS** F Jason Spezza, F Daniel Alfredsson, D Filip Kuba, G Pascal Leclaire.

**THE BUZZ** Offence shouldn't be a problem, so Leclaire's ability to rebound from ankle surgery will partly determine the Senators' success. Cory Clouston is under the gun to perform after his much-publicized fallout with Heatley.

## Calgary Flames



**LAST SEASON** 46-30-6, 98 points (fifth in East, lost in first round).

**KEY ADDITIONS** D Jay Bouwmeester.

**SIGNIFICANT LOSSES** F Mike Cammalleri, F Todd Bertuzzi, D Adrian Aucoin.

**STARS** G Miikka Kiprusoff, D Dion Phaneuf, D Robyn Regehr, F Jarome Iginla, F Olli Jokinen.

**THE BUZZ** Cammalleri's departure takes a bite out of the Flames' average offensive depth, but Bouwmeester strengthens an already deep blue-line corps. That, combined with Kiprusoff, should make the Flames stingier defensively.

## Edmonton Oilers



**LAST SEASON** 38-35-9, 85 points (11th in East, missed playoffs).

**KEY ADDITIONS** G Nikolai Khabibulin, F Mike Comrie.

**SIGNIFICANT LOSSES** G Dwayne Roloson, F Ales Kotalik, F Kyle Brodziak.

**STARS** F Shawn Horcoff, F Ales Hemsky, D Sheldon Souray, D Lubomir Visnovsky.

**THE BUZZ** With only some minor off-season tinkering, the Oilers will look to new head coach Pat Quinn to get more out of the personnel in place. If Khabibulin is on his game and Hemsky emerges, the playoffs are possible.

## Vancouver Canucks



**LAST SEASON** 45-27-10, 100 points (third in East, lost in second round of playoffs).

**KEY ADDITIONS** F Mikael Samuelsson, D Mathieu Schneider.

**SIGNIFICANT LOSSES** F Mats Sundin

**STARS** G Roberto Luongo, F Daniel Sedin, F Henrik Sedin, F Ryan Kesler, D Kevin Bieksa.

**THE BUZZ** The Canucks made their biggest off-season moves by resigning the Sedins and Luongo, retaining the core of a 100-point team. Additions of Samuelsson and Schneider could help the Canucks take another step forward.

MATTHEW WUEST  
/METRO HALIFAX

# Local ties abound in NHL

Between Nova Scotians and Mooseheads, NHL offers lots of local content

MATTHEW WUEST  
matthew.wuest@metronews.ca

The following is a look at Halifax Mooseheads and Nova Scotians slated to start the season in the NHL.

### HALIFAX MOOSEHEADS

**JEAN-SEBASTIEN GIGUERE**, G, Anaheim (\$6 million). He could end up the highest-paid backup in the NHL if Jonas Hiller's emergence continues.

**MILAN JURCINA**, D, Washington (\$1.375 million). Jurcina has a new contract and is emerging as a solid two-way defender.

**PASCAL LECLAIRE**, G, Ottawa (\$3.8 million). Coming off ankle surgery, Leclaire will look to lead the Senators to the post-season.

**ALEXANDRE PICARD**, D, Ottawa (\$850,000). Picard has played for three NHL teams in his young career and hopes to make Ottawa his

permanent home.

**JODY SHELLEY**, F, San Jose (\$725,000). Still an intimidating presence, the Yarmouth native and former Moosehead provides leadership to the enigmatic Sharks.

**ALEX TANGUAY**, F, Tampa Bay (\$2.5 million). One of the Mooseheads all-time greats will look to reestablish himself with the Lightning.

**JAKUB VORACEK**, F, Columbus (\$875,000). Quietly had a 38-point rookie campaign and could do more damage if he wins a spot on the Blue Jackets' top lines.

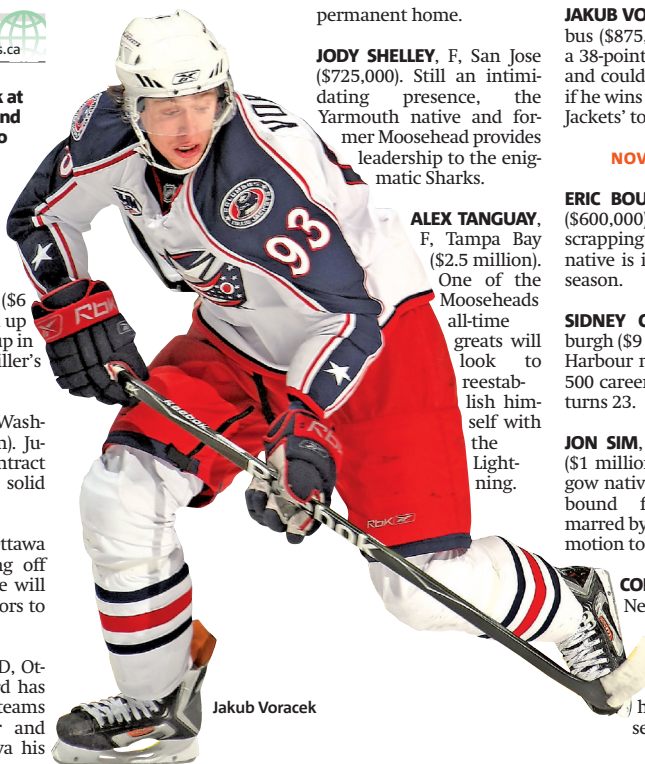
### NOVA SCOTIANS

**ERIC BOULTON**, F, Atlanta (\$600,000). The grinding, scrapping Middle Sackville native is in his eighth NHL season.

**SIDNEY CROSBY**, F, Pittsburgh (\$9 million). The Cole Harbour native could crack 500 career points before he turns 23.

**JON SIM**, F, N.Y. Islanders (\$1 million). The New Glasgow native is looking to rebound from a season marred by injuries and a demotion to the minors.

**COLIN WHITE**, D, New Jersey (\$3 million). The career Devils stalwart from New Glasgow is entering his eighth NHL season.



Jakub Voracek

## Pens keep proving doubters wrong

**"We want to prove again that we can do it."**

Sergei Gonchar, Penguins defenceman

ny on Tuesday.

**PITTSBURGH** There were few reasons to think the Pittsburgh Penguins could recover from a stretch of 16 losses in 25 games and make the playoffs, much less win the Stanley Cup. They did.

There were few reasons to believe the Penguins could rally from 2-0 playoff deficits against the Capitals and Red Wings. They did.

There also was scant evidence to suggest they could become the first team since the 1983-84 Oilers to lose in the Stanley Cup final one season and win the next, especially after star forward Marian Hossa bolted for Detroit. Or that they would be the first club since 1971 to win a Cup final Game 7 on the road, especially after losing 5-0 in Game 5 in Detroit.

They did all that, and have the hardware to show for it. The Penguins received their Stanley Cup rings at a private ceremony

the last team to play for the Cup in three consecutive seasons (1983-85), as both the Penguins and Red Wings will try to do.

"We're probably even more confident than we were before," defenceman Sergei Gonchar said as the Penguins get ready for Friday's opener against the Rangers.

"Obviously, we want to prove again that we can do it."

After taking a remarkably rugged path to the Stanley Cup last season, the Penguins may find it more difficult to pull off a repeat, especially given it would take another 100-plus games on top of the 208 they've played in the last two seasons. That's a heavy workload even for a young team.

THE ASSOCIATED PRESS

## Experts call for Blackhawks-Bruins Cup battle

**PREDICTIONS** How about a Stanley Cup parade down Robson Street? Or maybe a championship celebration on the Red Mile?

The Canadian Press' hockey writers have pulled out a crystal ball to make some predictions about the upcoming NHL season and see Vancouver and Calgary as the teams most likely to end the country's 16-year Stanley Cup drought.

Roberto Luongo continues to be the cornerstone of the Canucks and has a revamped blue-line working in front of him. In Calgary, the arrival of defenceman Jay Bouwmeester should provide a major boost to a 98-point team from a year ago.

Ultimately, though, we think it should be one heck of a final between two resurgent hockey markets in Boston and Chicago.

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# Metro Homes



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EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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# Modern tech in an ageless beauty

## SuiteTalk

Heather  
Clarke

suitetalkhalifax@gmail.com

From a warm, intimate living room to a sun-filled great room with soaring cathedral ceilings, the options are limitless. Past meeting present. A simple time meeting modern convenience.

As president of Gillis & Company Timber Frames Limited, registered professional engineer Mark Gillis builds custom timber frame homes. A timber frame home is a special type of "post and beam construction" that uses hand-crafted wood joinery.

"We specialize in one-of-a-kind homes, and I have designed and built homes all over Eastern Canada,"

## SuiteTalk

said Gillis, who has won three Nova Scotia Home and Building Designers Association awards for his designs. "I work directly with clients on the design and detailing of their home, and we focus on meeting their every need."

**"These homes help create a bridge between yesterday's care and tomorrow's high-tech living."**

Mark Gillis, Gillis & Company Timber Frames Limited

Timber frame homes offer a unique architectural style, because the timbers are fully revealed on the inside of the home. While the exposed beams are aesthetically beautiful, they're also load-bearing. Interior walls can be moved — or removed entirely — allowing for spacious, open-concept rooms. Homeowners can even choose to forgo some exterior walls and replace them with large

sheets of glass. "Our homes are designed for passive solar energy, and incorporate high insulation values and energy-efficient details," said Gillis. The timber frames borrow structural tech-



A selection of photographs of timber frame homes.

niques from lighthouses and cathedrals, but are designed and constructed with the latest computer software and tools. "This sets them apart from any other type of home," Gillis said.

The homeowners are very involved in the design process of a custom timber frame home — which takes a few months — and then Gillis says they can expect between six and eight months before construction is complete. The finished homes typically cost upwards from \$200

per square foot, plus the cost of land and services (such as well and septic).

Once the structure is complete, there are a variety of design possibilities with a timber frame home. The exposed walls behind the frame can be painted to suit the homeowner's tastes, and the timber can be stained to fit with any

decor.

"These homes help create a bridge between yesterday's care, and tomorrow's high-tech living," Gillis said. "We take pride in helping continue a once-lost craft."

Heather Clarke is a Halifax-based writer with a penchant for pretty things.



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# Doing the property tax shuffle

## LegalMatters



metronews.ca/legalmatters

Property taxes are due this week. I anticipate receiving many calls next month from people asking why their mortgage payments have increased.

The typical answer is the loan payment hasn't changed but the property tax component has been adjusted. This stems from an inherent flaw in the system used by lenders to collect and pay taxes for their customers.

Property taxes are paid to the city twice a year, in April and October. However, the average consumer doesn't save and spend semi-annually. Rather,

spending schedules are bi-weekly or monthly, based on pay periods. Therefore, lenders create a savings plan for taxes.

When a combined mortgage and tax payment is made, the tax component isn't paid immediately to the city. Rather, it's saved and the accumulated balance is used to pay the tax bill when it becomes due.

For example, if property taxes are estimated to be \$1,200 annually, the bank will collect \$100 per month with the mortgage payment. This system is successful only if the amount collected over six months, \$600, is equal to the taxes due.

However, two situations will result in a shortfall. First, if a property was pur-

chased or refinanced within the last six months, the

lender will not have received or collected six payments. Secondly, if there is an increase in the assessed value, the lender's estimate of the funds needed would be insufficient to cover the increased taxes.

Lenders will typically cover any shortfall to ensure the tax bill is paid in full. The difference required is treated like small loan to the homeowner and it is repaid over the next six months. As a result of this extra amount owed to the lender, the tax component is adjusted and the customer's regular payment will increase.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

**"Lenders will typically cover any shortfall to ensure the tax bill is paid in full. The difference required is treated like a small loan."**



Property taxes are due this week and I anticipate receiving many calls next month.

## Prepare for the inevitable guest: Old Man Winter

As sure as summer follows spring, winter will follow the fall.

And when you live in a northern climate, you come to understand in a very fundamental way that you must prepare for the coming season.

Around the house, that means you must batten down the hatches. There will be cold, and there will be wetness, whether it is rain, slush or snow, and all these things can damage property and must be kept out of your house.

Ice, blowing winds and frigid temperatures have a way of making outdoor

work nasty, so why not do the work now, while the conditions are still relatively pleasant?

To heat your house efficiently and keep the heat inside and the cold outside, here are some pointers that will help you keep snug:

- Clean and service your furnace and have your heating system checked out by a qualified HVAC professional.

- If you remember from last year that your home is cold in certain locations, use spray-in insulation foam to close any gaps between the floor and wall, for instance, or underneath



There are many things you can do to prep your home for winter.

windows.

- Check outside as well. If you have bricks that need repointing, or gaps between brick and the roof, for instance, now is a good time to repair cracked

or missing mortar between bricks or to seal any gaps. At the same time, check any exhaust vents or any other "holes" in your wall and caulk around them if needed.

- Like a good hat on your head, extra insulation in the attic can do wonders to keep rising heat within the confines of your home.

At the same time, you must ensure good ventilation so that air quality is not compromised.

- Inspect all exhaust venting, whether it be from a stove, a furnace, a dryer, a bathroom or a tankless water heater. Remove any obstruction, such as bird or wasp nests or debris, which can block a vent and force exhaust gases back into your home. If you have a fireplace, check the chimney to make sure it's clear.

## HomeScape



metronews.ca/homescape

Moisture and wetness in your home is a problem year-round, but in winter, the potential for damage increases, especially if it involves water.

- Before freezing temperatures hit, turn off outside water, and remove and store your garden hose indoors.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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**Designing is child's play**

Versace's latest handbag collection has been designed by children. Donatella Versace, has teamed up with a group of youngsters in New York to create a charitable new accessories range that will help those less privileged. **TORSTAR NEWS SERVICES**

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# Style



## What would Coco do?

Get a modern look at the life of one fashion's most influential icons in *The Gospel According to Coco Chanel: Life Lessons from the World's Most Elegant Woman* by Karen Karbo (\$24.95). The book delves into Chanel's fascinating life story while exploring the French designer's philosophy on a range of themes — from style and passion to money and success. Available at Indigo and Chapters stores across Canada.

METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

# A fashion innovator

Coco Chanel popularized much of what we still celebrate

**SOFI PAPAMARKO**  
For Metro Canada



**Coco Chanel is back in fashion ... although she never really fell out of it.**

With the release of Audrey Tautou's Chanel biopic *Coco Avant Chanel*, the creations of the fascinating and highly controversial 20th century fashion designer are being celebrated anew.

Here are just a few Coco Chanel innovations that have withstood the test of time:

**Designer Perfume**

Coco Chanel believed that a woman should smell like a woman, not like a flower: "I want to give the world

something artificial ... like a dress. Something that has been made ... I want a perfume that is a composition."

Chanel's iconic fragrance debuted in 1921, making it the first-ever designer perfume. Scent-pushers Calvin Klein, Tommy Hilfinger, Jean-Paul Gaultier and Marc Jacobs all have Mademoiselle Chanel to thank.

**The Little Black Dress**

Chanel popularized this wardrobe staple during the 1920s. No matter what the occasion, if you throw on a little black dress and a string of pearls, you'll look

chic and sophisticated. This was true 50 years ago and it is likely that it will still be true 50 years from now. The LBD is flattering, elegant and timeless.

**Comfort and Luxury**

"Luxury must be comfortable, otherwise it is not luxury." Before Chanel arrived on the scene, women suffered terribly in the name of fashion. Corsets, padding and hobble skirts were de rigueur. "Other designers would make outfits or costumes. Things that didn't necessarily relate to every day," says Toronto, Ont., de-

signer Trish Ewanika (ewanika.ca), whose designs have a similar understated elegance to Chanel's. "(She) would design clothing that a woman could wear day or night. Not a riding outfit or a dress to wear to the opera."

Chanel also utilized fabrics previously scoffed at by designers, such as soft and comfortable jersey. "The House of Chanel has remained very true to Coco Chanel's original feel," says Comrags co-founder Joyce Gunhouse.

**Coco Avant Chanel opens in theatres this month**

Legendary 20th-century French designer Coco Chanel is responsible for many of the designs we still consider "classics" today. (Audrey Tautou portrays Chanel in this photo from the film *Coco Avant Chanel*).



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**BUILD-A-BASH AND WIN!**

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Giorgio Armani presented a bright and upbeat spring/summer 2010 collection at Milan Fashion Week. The collection featured lots of loose-fitting and comfortable pieces paired with more structured looks. **THE ASSOCIATED PRESS**

# Designers like it hot in Milan

**Boudoir styles, once a trademark of Italian fashion, are back for spring/summer 2010.**

But rather than the sex pot numbers, which brought out the best in designers such as Dolce&Gabbana and Gianni Versace, this round the look is demure and yesteryear.

Corset tops worn over a jeans bubble skirt, panties peeping out of a pair of

short shorts and bra tops veiled in silk chiffon all combine to create a romantic rather than raunchy mood.

There is also an enticing lightness and unfinished touch to these collections, with profuse use of chiffon and gauze and shredded fabric.

**Fendi**

There is a feel of yester-

year at Fendi, as if someone had opened Grandma's trousseau trunk and wrapped each item in light gauze for protection.

Everything from the old-fashioned bras and panties to bubble skirts, shorts and even the high-heeled shoes is covered in a thin veil, lending an ethereal effect to the new spring/summer collection designed by Karl Lagerfeld.

**Dolce & Gabbana**

In this season of lingerie looks, no one could feel more at home than Dolce&Gabbana, who first turned inner wear into outerwear on the Milan runway some 30 years ago.

For spring/summer 2010, the designing duo run the gamut from corsets to culottes in fetching lace, crochet and floral printed silk.

The transparent effect of lace is used on jackets, dresses, skirts and even shoes and bags.

**Marni**

Marni makes dressing up look easy.

From the layered styles held together by a striped knitted belt with matching striped leggings to the upbeat flowers, checks and polka dots of the prints, Marni's latest collection is all about a laid-back summer 2010.

**THE ASSOCIATED PRESS**

Many collections had a feeling of yesteryear at Milan Fashion Week

## H&M to partner with Sonia Rykiel

**COLLECTION** H&M has its sights set on both barely-there fashions and more cosy creations with its upcoming guest collections from Sonia Rykiel.

The fashion company founded in Sweden is teaming up with the French fashion house for its winter and spring collections. The part-

nership marks the first time H&M has extended its designer collaboration to the world of lingerie and related accessories for women.

The collection will be launched in 1,500 stores on Dec. 5. The two fashion companies will again collaborate on the spring 2010 collection. **THE CANADIAN PRESS**

PHOTOS BY LUCA BRUNO/THE ASSOCIATED PRESS

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# PURPLE REIGNS

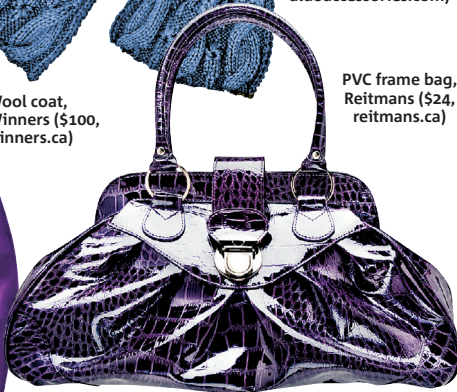
**ADVICE** Royal shades of purple, aubergine, prune, iris and plum lend opulence to winter's austere palette. Mix in shots of cool grey for a fashion statement straight off the catwalk.



Acrylic knit scarf, Aldo Accessories (\$28, [aldoaccessories.com](http://aldoaccessories.com))



Wool coat, Winners (\$100, [winners.ca](http://winners.ca))



PVC frame bag, Reitmans (\$24, [reitmans.ca](http://reitmans.ca))



Suede T-staps sandals, Nine West (\$135, [ninewest.ca](http://ninewest.ca))



Stretch-cotton turtleneck, Dynamite (\$35, [dynamite.ca](http://dynamite.ca))



Polyester and rayon pants, Joe Fresh Style (\$39, [joe.ca](http://joe.ca))

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17 years with Vogue Optical

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# Entertainment

EDITOR: DEAN.LISK@METRONews.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

## Record numbers

The Sunday-night season premieres of Showtime's serial-killer thriller **Dexter** (actor Michael C. Hall) and comedy **Californication** achieved record highs for both series, according to a Showtime. EW.COM



# Memoirs of a pop music diva

## Mariah Carey

**Album:** *Memoirs of an Imperfect Angel*  
**Label:** Island/Universal  
**Rating:** ⓈⓈⓈ

MARIAH CAREY'S **LAT-EST** is so predictable that if you've heard her last two albums, you can imagine how it sounds. Produced almost entirely by Tricky Stewart and The-Dream, *Memoirs* is a glossy composition rife with Mariah's standard thematic touchstones and lyrical reference points. The singer overcomes relationship drama on *It's A Wrap*, makes some romantic reflections on *I Want To Know What Love Is*, and in-



dulges in her usual saccharine R&B fluff on *Candy Bling*. The album is too heavy on the slow jams, and nothing matches the catty charm of her Eminem-baiting lead single, *Obsessed*.

Jason Richards/for Metro Canada

## Lights

**Album:** *The Listening*  
**Label:** Universal  
**Rating:** ⓈⓈⓈ

**WHEN THEY ANNOUNCED** the winner of the new artist of the year award at the Junos in Calgary, the response was a collective "Who?" Which is as it should be in that category, but even insiders had trou-



Memoirs of an Imperfect Angel is the new disc from Mariah Carey.

ble trying to place the 22-year-old Timmins' native known as Lights (real name Valerie Poxleitner). And they can be forgiven. Lights, after all, hadn't even released a full album (it does help to have Q's Jian Ghomeshi as your manager). Now that it's here, The

Listening offers few surprises. At least four of the 13 tracks, including singles *Saviour* and *Drive My Soul* are already familiar to avid listeners of pop waifery. Lights has the benefit of a great production team led by Tawgs Salter. There's also an undeniable song-writ-

ing talent here that Lights' backers are hoping will appeal to electro-pop teens in the same way that Taylor Swift's music has captured the 4-H set.

Graham Rockingham/for Metro Canada

## Jann Arden

**Album:** *Free*  
**Label:** Universal  
**Rating:** ⓈⓈⓈ½

**NOBODY CAN DELIVER** a punch line quite like Jann Arden. You don't have to go looking for it in her songs. They just creep up and bite you on the butt. Just like in the title track of the Alberta songwriter's new CD, *Free*. Just as you're about to get all mopey for



## MusicReviews

music@metronews.ca

some woman who's getting screwed around big time, the kicker comes — "I'm feeling better now that your stuff's out in the yard." That's what you call 'craft.' Arden's music always tugs at our emotions, but rarely allows us to get overly mired in misery. These are songs for a bi-polar world, for people willing to drive helter skelter into life, but, hopefully, still able to hit the brakes before hitting the brick wall. Not everyone's going to like them. Arden fans will, though.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music at [metronews.ca/music](http://metronews.ca/music)

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**Criminal Minds spinoff in works**

CBS is planning a spinoff from Criminal Minds, The Hollywood Reporter reveals. That show's executive producer/showrunner Ed Bernero and executive producer Chris Mundy are involved, with Mundy writing the script based on a story he devised with Bernero. **EW.COM**

entertainment **19**

# Page rough 'n' rolling

## Actress back to starring role in Whip It after break

NED EHRBAR  
for Metro Canada

Ellen Page knows she's not the biggest girl in the world. In fact, she's downright diminutive. But her size didn't cause her to second-guess taking on the lead in Whip It, about a young woman discovering the joys of the rough and tumble sport of roller derby.

"I know I'm a tiny little thing," the Halifax native says.

"I've always been a tiny thing, and I've always played sports, and it's never anything that made me hesitate. If anything, it made me more aggressive."

And actually, she points out, her size is an advantage for being a jammer, the position in roller derby that has to fly past all the other players to score. (It's all explained in detail in the film.)

"You can weave in and out of people," she says.

Page found it easy to connect to Bliss, the small-town Texas teen trying to break free of her pageant-loving mom's grip when she discovers the rough-and-tumble world of roller derby.

"I'm playing someone who's found something that ignites a passionate fire within them, and that feeling is amazing," she explains.

"I always played sports as a kid and loved it. I played soccer really competitively. And then I got paid to throw my body and my mind into something. I loved roller derby, so I was having a blast."

Whip It marks Page's first starring role since her Oscar-nominated turn in 2007's Juno. And there's a reason audiences haven't seen much of her. "After Juno, I decided to

take a year off and went backpacking through eastern Europe with my friend and went camping in Newfoundland," Page says.

Luckily, her representatives understood. "If anything, they want me to work less than more," she insists.

"They want quality over quantity. And if I do something I don't care about, I'm going to suck."

By that rationale, her work in Christopher Nolan's Inception will most certainly not suck, if Page's enthusiasm is any gauge.

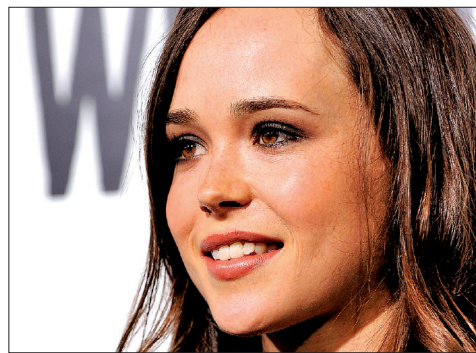
"I'm having such a good time," she says of the super-secret project she's currently filming with Leonardo DiCaprio, Marion Cotillard and Joseph Gordon-Levitt.

"I'm so happy that it's so secretive. We just constant-

ly reflect on what we're doing, and we're all so excited to be a part of it."

But she saves her highest praise for Nolan himself.

"I adore him. He's such an amazing filmmaker, and it's an honour to be in one of his films," she says of the Dark Knight director.



Halifax native Ellen Page stars in the roller derby dramedy Whip It. She is currently working in Christopher Nolan's Inception.

**Whip It  
opens in  
theatres  
tomorrow**

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## 20entertainment

# 'Paris was magnificent'

Joel Charlebois, the winner of Metro's Global Photo Challenge 2008, talks about his prize — a trip to Paris

ROMINA Mc GUINNESS  
Metro World News

**How was the trip to Paris, was it fruitful in terms of your photography?**

Paris was magnificent, through and through. The winding streets, the little shops, café culture and fashionable people galore; it was a marvellous experience. And the Eiffel Tower, I never expected to be so moved by the sight of it. One week in Paris allowed me to see Paris, the celebrity.



**Of the shots you took on the trip, which one is your favourite?**

Unfortunately, my favourite shot is the shot that I didn't take. It was after a very long day of walking. We had settled on a terrace in Le Marais for a drink and just as I set my camera down, the most magnificent sight passed

me by... a young woman with long brown hair, sporting the obligatory beret, came cycling past with an antique gold picture frame hung across her torso. Had I captured it, it would have been my favourite photo.

**Do you think you will actively pursue your photography or keep it as a passion?**

Actually, I have been making a greater effort to moonlight in photography, and work has also found its way to me. One of my photos is now illustrating the cover of a hardcover novel — The Way Home by George Pelecanos. Incredibly, that photo was taken on the same foggy night as Midnight Tram to Humber, no more than 30 minutes later.

That said, I am not at a point where I want my photography to be responsible for putting food on my plate. I realize I have much to learn, and I'm willing to take the time it requires to prepare.

## Photo challenge



Joel Charlebois was the second winner of Metro Photo Challenge, with this photo, Midnight Tram to Humber. Now the competition starts again.

**The competition**  
Enter your photos on the themes People, Places and Climate Change.

**The prizes**  
Win one of three trips for two to any city where Metro is published. Global winners' photos will be published in Metros in 100 cities.

**The dates**  
Metro Global Photo Challenge 2009 starts Sept. 28 and is open until Oct. 20.

**The website**  
metrophotochallenge.com

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/1/09	31	31	31	ABC	News Center 5	ABC Wild News	Face-Off for City Hall	FlashForward (HDTV) (N)	Grey's Anatomy (N)			Practice
	7	7	7	ASN	The Road to Avonlea		Hollywood	FlashForward (HDTV) (N)	Fringe "Fracture" (N)			Practice
	11	11	11	CBC	Wheel-Fortune	Jeopardy! (N)	(8:15) NHL Hockey Montreal Canadiens at Toronto Maple Leafs.		National	NHL Hockey		
	2	2	2	CBC-F	Pyramid (SC)	La force	Virgins (SC)	Infoman (SC)	Enquête (HDTV) (N) (SC)	3600 secondes d'extase (SC)		Le Téléjournal
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	Survivor: Samoa (N)	CSI: Crime Scene Invstgtn.		The Mentalist
	69	69	69	CFTM	TVA nouvelles	Le Cercle (SC)	La Fière de la danse (SC)	Dieu Merci (N) (SC)	Survivor: Samoa (N)	Juste pour rire hors série		TVA nouvelles
	6	6	6	CHH	Entertainment	ET Canada	90210 "The Porn King"	Survivor: Samoa (N)	The Office (N)	SNL Update		News Final (N)
	9	9	9	CJCH	The Vampire Diaries (N)		The Mentalist	CSI: Crime Scene Invstgtn.	(9:59) Grey's Anatomy			CTV News
	10	10	10	ELTV	(6) EastLink Television	Wabanaki	Wabanaki: People of the Dawn	Wabanaki: People of the Dawn	Children			Comm. Matters
	36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA) (N)	Fringe "Fracture" (N)		Fox First
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	SNL Update	Parks-Recreat		The Office (N)
	29	29	29	NW	World News	Business	CBC News	Marketplace	CBC News: Tonight (N)			Community (N)
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Basic Black	The National Parks: America's Best Idea (N) (DVS)				National Parks
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	The National Parks: America's Best Idea (N) (DVS)				National Parks
	68	68	68	TQS	Guerre clans	Le Mur (SC)	Taxi payant	Rire et délire	Fringe "L'Observateur" (SC)	Bob Graton	South Park	Le Mur (SC)
	23	96	96	BNN	Business News	Headline	Market Call Tonight	GetConnected	Market Call	Squeeze Play		Business News
	18	18	18	CNN	Situation Room: Wolf Blitzer	Lou Dobbs Tonight			Campbell Brown (N)	Larry King Live		Cooper 360
	54	54	54	GOLF	Golf Central	PGA Tour Golf: Nationwide Tour -- Soboba Classic			LPGA Tour Golf	Navistar LPGA Classic -- First Round.		Sportsnet Con.
	52	52	52	RSE	Connected W-Prime Time	MLB Baseball	Cleveland Indians at Boston Red Sox. From Fenway Park in Boston.					
	55	55	55	SCOR	(6) Morency	Covers Experts	Score on NFL	College Football	Colorado at West Virginia. (Live)			
sports	45	45	45	SPD	ARCA RE/MAX Series	Pimp My Ride	Pass Time	Pinks -- All Out (HDTV) (N)	Jacked!	Jacked!		Wrecked
	53	53	53	TN	Off the Record	SportsCentre	That's Hockey!	Interruption	2009 World Series of Poker	Wizards-Place	Life Derek	SportsCentre
	43	43	43	FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz		Ned's School
	44	44	44	TOON	Jimmy Two	Johnny Test	Stoked (N)	Total Drama	Majority Rules	6TEEN (N)		Blade
	26	26	26	TREE	Wonder Pets	3rd and Bird	Backyardigans	Night Grdn	Waybuloo	Franklin		Babar
	27	27	27	YTV	iCarly		Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris		Family Biz
	16	16	16	A&E	CSI: Miami "Slow Burn"		Criminal Minds "Doubt"		The First 48 (HDTV)			The First 48
	70	70	70	APTN	APTN National News (N)	Wapost Bay	By the Rapids		Rez Rides	Moose TV		The World's Fastest Indian (2005, Biography)
	50	50	50	BET	106 & Park: BET's Top 10 Live (Live)				The Meteor Man ** (1993, Fantasy)	Robert Townsend.		Frankie-Neffe
	37	37	37	BRVO	Wind at My Back	Storytellers	Camera	Bathroom Divas-Opera Star	Whale Music ** (1994, Romance)			
family	25	25	25	CMT	Wilsons	Wilsons	Karaoke Star "Hallax" (N)	Reba	Reba	According-Jim	According-Jim	Home Improve.
	49	49	49	COM	Just for Laughs	Air Force	22 Minutes	Cornier Gas	Name Is Earl	The Simpsons	South Park	Hot Box
	153	153	153	COURT	Truth, Duty, Valour	World's Wildest Police Videos		Cops Uncut	Dumb Criminal	Navy SEALs: Untold Stories		Police Videos
	38	38	38	DISC	How It's Made	How It's Made	Daily Planet (N)	Dinosaurs Return to Life	Dino Lab II			MythBusters
	34	48	48	HDTV	Extreme Makeover: Home	House Hunters	Property Virgin	Holmes Inspection	Family Reno	Disaster DIY		House Hunters
	46	46	46	HIST	Underworld Histories	Ice Road Truckers		Ancient Discoveries	Underworld Histories			After People
	17	17	17	MM	America's Best Dance Crew	One Tree Hill		You Can Dance	Dance	My Date With...		Love Court
	19	19	19	MM	mmtop10.ca	The Daily Fix		Ranked!	Wild 'n Out	Wild 'n Out		Pink Floyd
	201	201	201	M1	Cinderella St. (7:45) Messages Deleted (2009, Suspense)				Nurse Jackie	Spring Breakdown (2009, Comedy)		Survivor
	48	23	23	OLN	Mantracker	Ghost Hunters		Bounty Hunter	Bounty Hunter	Law & Order: SVU		Ghost Hunters
cable variety	51	51	51	PEACH	The Office	Name Is Earl	Family Guy	House-Payne	House-Payne			Shattered
	206	206	206	PDX	(6:50) Dance Me Outside		(8:15) Ride Beyond Vengeance ** (1966, Western)			Top Gun *** (1986, Adventure)		
	67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)			RDI économie
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits	Da Vinci's City Hall	The Best Years (DVS)	X-Weighted		Saving Grace
	40	40	40	SLICE	Skin Deep	Skin Deep	Rich Bride, Poor Bride	X-Weighted "Chris"	Primeval			X-Weighted
	47	47	47	SPACE	Stargate SG-1		Stargate Atlantis (DVS)	Star Trek: Voyager				Eureka
	14	14	14	SPIKE	Disorderly	Disorderly Conduct: Video	Wild World	UFC Unleashed	TNA Wrestling (HDTV) (N)			
	58	98	98	etalk	etalk	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	The View (HDTV) (N)			Dr. Oz Show
	21	21	21	TLC	LA Ink (HDTV)	LA Ink (HDTV)	LA Ink "La Pink" (HDTV)		Police Women of Broward			LA Ink
	56	34	34	TROP	Bob & Doug	Bob & Doug	Seinfeld	The Outer Limits	ET Canada	TV Made, Do It		Family Guy
cable variety	20	20	20	TVS	Que-champion	Journal de Fr2	Les Peuples du soleil	Cub social	Envoyé spécial			
	28	28	28	V	9B "Relationships"		Murder, She Wrote	On the Buses	"Allo, 'Allo!"	The King and I *** (1956, Musical)		
	60	97	97	VIVA	Da Vinci's Inquest	Judging Amy		Missing "Paper Anniversary"	The Closer "Homewrecker"			
	22	22	22	W	House	Style by Jury	Old Christine	Friends	Confidential	Confidential		Divine Design
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	The Vampire Diaries (N)	Supernatural "The End"		WGN News

## critics'corner

### Holmes Inspection

Sometimes it's not the builder's fault. In this new series, contractor extraordinaire Mike Holmes works with people whose homes are having problems because they got bad advice from unscrupulous or incompetent home inspectors. He determines what went wrong and then goes in to "make it right," as his motto says. 9 PM on HGTV



### The Mentalist

As Lisbon (Robin Tunney) and the team investigate the murder of a state senator's intern, Jane (Simon Baker) concentrates on finding out what new information has been uncovered on the Red John case. Tim Kang, Owain Yeoman, Terry Kinney and Amanda Righetti also star in the new episode "The Scarlet Letter." 11 PM on CBS

### Private Practice

The sudsy Southern California saga of Dr. Addison Montgomery (Kate Walsh) continues in a second season that opens with Naomi (Audra McDonald) apparently poised to leave the practice and Sam (Taye Diggs) determined to win her back. Cooper (Paul Adelstein), meanwhile, may finally be free to take things to a new level with Violet (Amy Brenneman), as long as Pete (Tim Daly) doesn't strong-arm him out of the way. Chris Lowell also stars in "A Death in the Family." 11:01 PM on ABC ASN



For September 30th

- 30H13 Ft Katy Perry - Starstruck
- Fabulous Ft The Dream - Throw It In The Bag
- Taylor Swift - You Belong With Me
- LMFAO - I'm In Miami
- Trick
- Boys Like Girls - Love Drunk
- Miley Cyrus - Party In The USA
- Justin Bieber - One Time
- Faber Drive - G-get Up And Dance
- David Guetta - Sexy Chick

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**Quick hit of Starbucks**

Starbucks Coffee launched its Starbucks VIA Ready Brew at all Canadian locations this week. Starbucks VIA is 100 per cent natural roasted arabica coffee in an instant form that, they say, tastes like a fresh-brewed cup of Starbucks coffee. **METRO NEWS SERVICES**

**Urban Foodie**

★★★★★ INSPIRED; ★★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

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**Signature Dish:**

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**Rating:** ★★★★★

**Dinner & drinks for 2:** \$47

The Annapolis Valley is spectacular at this time of the year; the air is crisp and the gentle hills are an array of autumn reds and yellows. Brunch at Tempest Restaurant in Wolfville — about 40 minutes from Halifax — is a wonderful way to kick off a lazy Sunday.

A starter of Finnie Haddan and Chorizo Chowder (\$8.95) pleased the palate with its savoury mélange of smoked haddock, spicy Spanish pork sausage, potatoes and onions.

The Smoked Salmon Benedict (\$11.95) was heav-



The Smoked Salmon Benedict, seen here, goes for \$11.95.

enly, smothered in rich Hollandaise sauce and accompanied by potato, fruit and the freshest greens I have had in years. Ditto for the house Eggs Benny

(\$10.95).

Make sure to sample the Chocolate Buñuelos (\$10), lightly baked and topped with creamy raspberry sauce and a flicker of fruit.

A steaming pot of coffee on the side (\$6) and life cannot possibly get any better.

Owner Michael Howell is not only one of the finest



The Chocolate Buñuelos go for \$10.

chefs in the region, but he is also one of the most personable and always makes it a point to speak with every patron. His support of local food providers and

his advocacy for sustainability are admirable, and they are both subjects he espouses in his excellent new cookbook *Atlantic Seafood Recipes*.

## Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Yes, we can! Diane Thompson recently spent a day canning and crafting these two recipes: Mustard Pickles and Vanilla Pears. Visit [metro.news.ca/globalpeasant](http://metro.news.ca/globalpeasant).

**In brief**

**CLOSING UP SHOP** Sad to see Seven Wine Bar and Restaurant closing its doors? You can bid your final adieu

this Saturday night. **BLOGGING AROUND** Kristen Pickett has one of the best local food-blogs: [withbite.ca](http://withbite.ca)

## Dining out

**CREPES AHOY** Here's an idea that is long-overdue; Halifax now has its very first full-on creperie. Chez Tess has just opened its doors at 5687 Charles St. (between Agricola and Maynard) in the city's trendy North End. The menu includes a variety of tasty crepes, along with scrumptious soups, chowders and desserts. Rumour has it that owner Liz Cunningham will be bringing live music in soon also.

**DECOR DIFFERENT, FOOD SAME** Mary's Place Café on Robie Street has undergone renovations of both the decor and menu. Still the same great breakfast, however.

**On the web**

- Get recipes and more great food content at [metronews.ca/food](http://metronews.ca/food)



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SUBJECT TO CLASSIFICATION







Hugh Jackman and Daniel Craig are setting box office records with their Broadway play, *A Steady Rain*. Last week, the show scored the highest weekly ticket sales of a non-musical play, earning just under \$1.17 million US. **METRO NEWS SERVICES**

## Celebrity Buzz

# Still together ... for now?

**TROUBLE IN PARADISE?** Despite reports that Justin Timberlake and Jessica Biel's two-year relationship is over, sources tell *People* the couple has not broken up.

In fact, on Monday night they were photographed together while on a getaway in Northern California.

"They're together," says an insider. "They're not breaking up. Any time they spend time apart it's because

they're working."

Over the summer, Timberlake, 28, was in Europe promoting his Givenchy fragrance and William Rast clothing line, while Biel, 27, remained in Los Angeles where she starred in *Guys and Dolls*. But in January, the actress plans to climb Mt. Kilimanjaro (as part of the star-studded Summit on the Summit expedition to raise awareness for clean water), and Timberlake, says sources, is in talks to join her.

Whether the couple will still be together in three months is another

story.

According to a second source, they are going through a rough patch.

"Things have been a bit up in the air recently," says the source.

"They've been spending more time apart — more time with each of their friends, and they've been reevaluating (their relationship)."

As for rumours that Timberlake has been getting close to Rihanna, a source close to her insists that the relationship is purely professional: "They're working together. They were in the studio for her album and they'll be going back in again."

**METRO NEWS SERVICES**



## Pop star, boy toy in on NYC scene

**LIVIN' IT UP** Madonna has been hitting the town in New York with boyfriend Jesus Luz, popping up at an East Village cocktail bar with Jessica Seinfeld and a Meatpacking District restaurant with the director of her *Truth or Dare* documentary, according to

Page Six. Madonna was then seen escorting Luz into a downtown gay club, where sources say she was "hoping to get him some DJ experience in her old 'hood."

**METRO NEWS SERVICES**



## Cruz mum on lady lip-locks

**SHE DOESN'T KISS AND TELL** Penelope Cruz refuses to rank her on-screen female kissers.

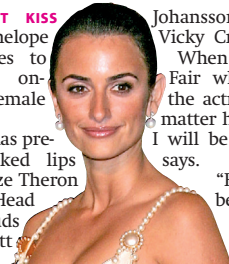
The star has previously locked lips with Charlize Theron in 2004's *Head in the Clouds* and Scarlett

Johansson in last year's *Vicky Cristina Barcelona*.

When asked by *Vanity Fair* which was better, the actress demurs: "No matter how I answer that I will be in trouble," she says.

"Both were pretty beautiful partners."

**METRO NEWS SERVICES**



## Travolta testifies he was threatened

**COURT CONTINUES** John Travolta has told a Bahamas court a local paramedic threatened to sell stories to the media suggesting the actor was at fault in the death of his 16-year-old son.

Travolta testified the paramedic who is now on trial for extortion demanded \$25 million from the actor. He was testifying in the trial of paramedic Tarino Lightbourne and lawyer Pleasant Bridgewater.

Travolta told the court Lightbourne had a consent document the actor signed when medics came to the aid of his son. He says the medic threatened to use the document to "imply that the death of my son was intentional and I was culpable in some way."

**THE CANADIAN PRESS**



## Celebrity tweets

Neil Gaiman deals with the harvest, **Ash-ton Kutcher** has a simple philosophy on life and **Sarah Silverman** has a troubled relationship with her Twitter followers

• **@neilhimself** First frost outside. All the mad bringing-in-tomatoes efforts from yesterday were actually sensible. How odd.

• **@aplusk** everyone loves puppies

• **@SarahKSilverman** Good-night strangers. I am trying to still believe in love, but you make it hard.

**CapitalOne**  
**Just for laughs**  
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**Simply Reb**

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**Amanda Longaphy**

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**Lauren Arbuckle**

"Lauren is a great up and coming stylist and one of the trendiest spas in the city!"

**Tanya Botting**

"Tanya is great"

Visit [metronews.ca/gigpark](http://metronews.ca/gigpark) for thousands of reader recommendations

Powered by **metro** and **gigpark**

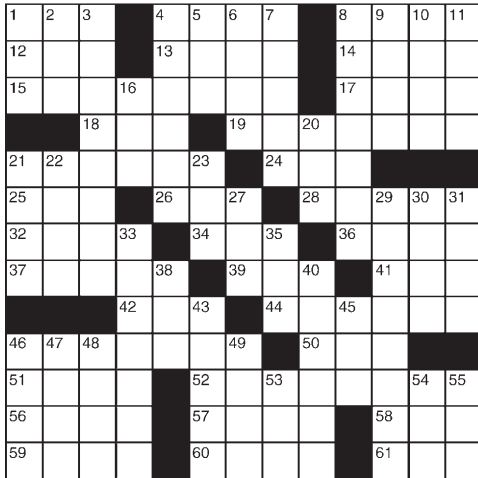




TWN incorporates MSC data

Today  
Partly cloudy  
16° / 6°Friday  
Partly cloudy  
14° / 8°Saturday  
Mainly sunny  
16° / 9°TAKE THE WEATHER  
WITH YOU  
visit mobile.mtnews.caFor more delicious Metro recipes, visit: [metronews.ca/food](http://metronews.ca/food)

## Take Five



## ACROSS

1 Lobbyists' grp.  
4 Essence  
8 Rich soil  
12 Under the weather  
13 Sunscreen ingredient  
14 Between jobs  
15 Makeshift stain remover  
17 Rind  
18 —-relief  
19 Not naked  
21 No, for one  
24 Have a go at  
25 Eggs  
26 Aye undoer  
28 Treetop decoration, often  
32 Dweeb  
34 Trump casino hotel, for short  
36 Geologist's sample  
37 Bad lighting  
39 Bankroll  
41 Whopper  
42 Skull need  
44 Short jacket  
46 A water sign  
50 Fraud-moni-

toring org.  
51 Injury  
52 Chorus of a sort  
56 Vicinity  
57 Verve  
58 Work with  
59 Cow's hurdle?  
60 Fat  
61 Satchel

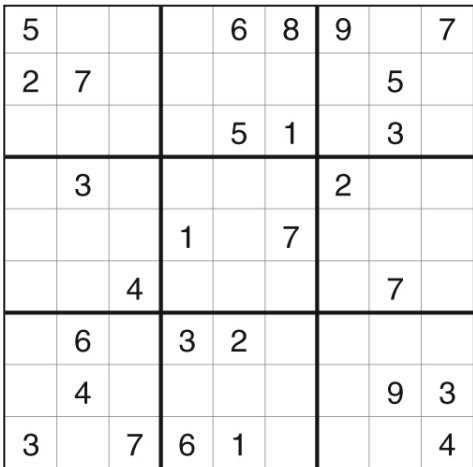
## DOWN

1 Snapshot  
2 Every crumb  
3 Where riders lounge  
4 Relay  
5 U.N. workers' grp.  
6 Lincoln in-law  
7 Soul mate?  
8 Emulate Milli Vanilli  
9 Praiseful pieces  
10 Sheltered  
11 Pinchle ploy  
16 Cudgel  
20 Detergent brand  
21 Lady of Spain  
22 Finished  
23 Scoundrel  
27 Deviate off course  
29 Iron, e.g.  
30 One of HOMES  
31 Lascivious look  
33 Entry-level job?  
35 Discard  
38 Siesta  
40 Protect  
43 Bright star of Orion  
45 List-ending abbr.  
46 Counterfeit  
47 "— nome" (aria from "Rigoletto")  
48 Sandwich treat  
49 Stewpot  
53 Corn spike  
54 NAFTA signatory  
55 Plead

## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



8	5	3	4	1	2	6	9	7
2	9	4	8	6	7	1	5	3
7	6	1	3	9	5	8	4	2
9	2	5	7	4	1	3	6	8
4	8	7	5	3	6	9	2	1
1	3	6	2	8	9	4	7	5
3	4	2	9	5	8	7	1	6
6	7	8	1	2	4	5	3	9
5	1	9	6	7	3	2	8	4

## On the web

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)

## Metro Recipe of the Day



## Stephanie's Easy Chicken

Submitted by Stephanie Lozon, Annan, Ont.

## INGREDIENTS:

6 chicken breasts  
6 slices of shaved prosciutto  
1-1/2 cups of dry white wine  
1 cup of cherry tomatoes or chopped tomatoes  
6 fresh basil leaves or 1 tsp dried crushed basil  
1 glove of garlic minced  
6 slices of Swiss cheese  
Salt and pepper to taste

## METHOD:

1. Pre-heat oven to 375C.  
2. Place chicken in baking dish. Wrap each piece of chicken with prosciutto; add chopped tomatoes or cherry tomatoes sliced in half.  
3. Add torn basil, garlic and salt and pepper over dish. Pour wine over dish to make sure chicken remains moist.  
4. Put in oven. Sit back and enjoy a glass of wine

## Weekly winners

• Exclusive contest for Metro readers! Visit [20minutesupperclub.com/metro](http://20minutesupperclub.com/metro) and be entered to win a \$50 President's Choice gift certificate to stock your cupboards with delicious PC products. For product information and store locations, visit [PC.ca](http://PC.ca). A weekly winner will be drawn from now until the end of October.

while it cooks for 30 minutes.  
5. Then add the Swiss cheese over chicken and cook for another 10 minutes or until melted.

## SERVES 6

PREP TIME: 5 MINUTES

COOK TIME: 40 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at [20minuteupperclub.com](http://20minuteupperclub.com)

Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

**ARIES**  
MARCH 21-APRIL 20  
You're in an argumentative mood and once you start challenging other people's views you will find it hard to stop.



**TAURUS**  
APRIL 21-MAY 21  
The problems you face may be tough but you are tougher and before the day is over even your enemies will respect you for your tenacity and self-belief.



**LIBRA**  
SEPT 23-OCT 23  
Someone in a position of authority will put you to the test today and you will come through with flying colors.



**SCORPIO**  
OCT 24-NOV 22  
Try to avoid being too aggressive today, especially if you are the kind of Scorpio who knows how to use words as a weapon.



**GEMINI**  
MAY 22-JUNE 21  
Mercury, your ruler, aspects Mars, planet of ego, which may be good news or bad news depending on how you handle the energies it releases.



**SAGITTARIUS**  
NOV 23-DEC 21  
Certain changes need to be made and you've made it your business to force them through whether or not others agree with you.



**CANCER**  
JUNE 22-JULY 22  
It may be the start of a new month but it is an old problem that will cause you most grief. Fortunately, Mars gives you a touch of ruthlessness.



**CAPRICORN**  
DEC 22-JAN 20  
Someone with a strong personality will give you a hard time today, but you are not the sort to take it without giving as good as you get.



**LEO**  
JULY 23-AUG 23  
It's not like you to be so defensive but for some strange reason you seem to think you need to make excuses for your behaviour.



**AQUARIUS**  
JAN 21-FEB 18  
Are you doing too much? If you are your body will send you some obvious warning signals today and if you are wise you will act on what they tell you.



**VIRGO**  
AUG 24-SEPT 22  
Not everyone shares your way of looking at the world, and you need to get your head around that fact.



**PISCES**  
FEB 19-MARCH 20  
You will be incredibly assertive today and anyone who thinks you will accept a lesser role in whatever drama is unfolding is sure to be disappointed.



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## This day in history

OCT. 1, 1910: Los Angeles Times bombing: A large bomb destroys the Los Angeles Times building in downtown Los Angeles, California, killing 21.  
OCT. 1, 1918: World War I: Arab forces under T. E. Lawrence (aka Lawrence of Arabia) capture Damascus.  
OCT. 1, 1971: Walt Disney World opens near Orlando, Florida, United States.  
OCT. 1, 1975: Thrilla in Manila: Muhammad Ali defeats Joe Frazier in a boxing match in Manila, Philippines.  
OCT. 1, 1982: Sony launches the first consumer compact disc player (model CDP-101).

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5171 George St.

**FIFE & DRUM PUB**

1919 Upper Water St.

**GORSEBROOK LOUNGE**

922 Robie St. (Saint Mary's University)

**HALIFAX ALEHOUSE**

1717 Brunswick St.

**HART & THISTLE**

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IRISH ALE HOUSE**

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**STAYNER'S WHARF  
PUB & GRILL**

1781 Upper Water St.

**THE LOWER DECK**

1869 Upper Water St.

**RED STAG TAVERN**

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CELEBRATE ON OCTOBER 5



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TREWS



ARKELLS



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SIGNAL HILL  
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